Retailers take part in first UK first wellbeing festival for workers

By Nigel Taylor - 21 May 2022

Staff from 100 of the biggest retailers operating in Britain, including ASOS, H&M, New Look and Superdrug, have taken part in the first wellbeing festival for retail workers run by industry charity the Retail Trust.

'Together Fest' brought together nearly 600 people for a variety of talks, classes and activities designed to “unite and inspire people in the retail industry and help them live happier and healthier lives”.

Taking place at London’s Truman Brewery during Mental Health Awareness Week, the programme covered mental health, physical wellbeing and financial wellness, with talks including handling anxiety, preventing burnout, managing money worries and getting a good night’s sleep. There were also classes on fitness, breathing and yoga, cookery and craft workshops, and live entertainment spanning music and stand-up comedy.

The line-up of celebrities and wellness specialists included authors, therapists, cookery experts, fitness instructors and entertainers, was also supported by Adidas, Fiorucci, Revolution Beauty and TK Maxx.

Chris Brook-Carter, chief executive of the Retail Trust, said: “We ran this event as an enormous thank you for the extraordinary contribution that everyone has put into retail over the last two years and we couldn’t be prouder of the brilliant response from the hundreds of people who attended and told us that they got so much out of the day.”